

False Information Regarding Corona

Excerpt from the 793rd contact of Wednesday, 16th of February 2022

Billy ... Someone asked me whether melatonin could be used as a prophylaxis or as a treatment for the rampantly spreading corona disease, which I of course negated according to what I know. But can you, as a medical doctor, explain what this is actually suitable for and what it is good for?

Bermunda I am happy to do that. – There is of course a need for this hormone, which is also important for the immune system, and it is therefore also useful in this case with regard to combating health-damaging bacteria and viruses, but according to our research, which we have been conducting with the corresponding studies since the outbreak of the rampantly spreading corona disease, melatonin is not suitable as an actual prophylaxis and curative treatment with regard to the rampantly spreading corona disease, just as other micronutrients such as hormones, vitamins and trace elements are not. We have been pursuing our studies for about 45 years, thus since 1975, when the 1st form of the rampantly spreading disease escaped from the laboratory and spread. Our research, which we conducted until 2019, when it then happened again in January that the virus spread anew in the latest form and was released into the environment by infected laboratory staff in October and November, so that in December the rampantly spreading disease was openly recognised; that was when the point in time had been reached that the rampantly spreading disease expanded into a pandemic. Earth human beings – that must be clear – who move among fellow human beings without a respiratory protection mask, are thereby exposed to an increased risk of becoming infected with the corona virus. Melatonin is an endogenous hormone and, according to our research findings, is not a preventative against the corona virus, but is involved in the prevention of a corona infection only in so far as it is in connection with a fully functioning immune system, in the upbuilding of which the hormone is involved. It is not a product that has shown a protective effect by itself, but due to its anti-inflammatory and antioxidant effect, it is an inexpensive and safe aid in building up the immune system, which can have an effect against bacterial infections or as protection against so-called 'free radicals'. The maximum melatonin serum levels are higher in younger human beings and decrease with increasing age, whereby these values are also higher in women than in men, which in comparison shows that women are also less affected by the virus infection.

This, however, is not only due to melatonin, as we have researched, but because the immune system works more efficiently in women than in men. Although the daily intake of melatonin cannot prevent a corona infection, it does strengthen the immune system, which can then to a large extent prevent an infection or alleviate more severe forms.

Billy So that is clarified then, and it also sounds rational and not as euphoric as what is being spread by the earthlings in this regard, which raises false hopes and also has the consequence that the human beings become imprudent because they believe the nonsense that they are safe from infection with the rampantly spreading corona disease due to melatonin. But it sounds like this false opinion is already very widespread, as is the false propaganda that is being made under the designation '**Physicians Platform Orthomolecular Medicine – Statement and Recommendation on Corona Infection**', where it is claimed: '**On the part of orthomolecular medicine, there are the following possibilities of prophylaxis and therapy in the case of coronavirus exposure**'. The following delusional list is published in relation to that:

Vitamin C

Vitamin C is able to activate macrophage activity and thus the immune system. Vitamin C proves effective in all viral infections, including coronavirus infections.

Zinc

Zinc reduces viral replication and thus also has an antiviral effect. Numerous receptors for zinc are found on the surface of viruses and zinc prevents the viruses from docking with the receptors of the mucosa cells. Thus, zinc also prevents the invasion of the pathogen-induced cell. A well-functioning immune system depends on the presence of zinc.

L-Lysine

L-lysine shows an antagonism to arginine, which is necessary for the replication of viruses. Thus, the virus is deprived of the arginine necessary for DNA replication and reproduction is slowed down.

Vitamin D

Vitamin D supply is essential for a functioning immune system. Therefore, a sufficient vitamin D supply should be available. The target value in the laboratory is approximately 100-150 µmol/l of vitamin D3.

Prophylaxis

For prophylaxis, an oral supplementation is certainly sufficient. The following dosages have proven to be effective:

Vitamin C (buffered)	1–3 g/day
Zinc	30 mg/day
L-Lysine	500–1000 mg/day
Vitamin D	4000-5000 IU/day

If available, vitamin C can also be administered as an infusion of 7.5 g once or twice a week. Above all, risk groups should undergo this prophylaxis.

Therapy

When the first symptoms appear, the oral dosage should be increased or an intravenous administration should be considered.

Oral dosage

Vitamin C	2–6 g/day (up to the point of diarrhoea)
Zinc:	150 mg (5 capsules à 30 mg) on the first day, then decreasing dosage, reduce by 30 mg daily (thus 4-3-2 capsules á 30 mg)
L-Lysine	1500 mg
Vitamin D	4000–5000 units/day

As an infusion therapy, vitamin C is administered in a dosage of 7.5-15 g depending on the symptoms. The infusion is administered on 3-5 consecutive days and can also be split into 2 doses. Then still 2-3 x/week depending on the symptoms. A combination with zinc and L-lysine as an infusion is also possible.

In cases of severe to threatening symptoms, continuous infusion of vitamin C by perfusor is recommended for intensive care therapy (Consensus paper on vitamin C infusion therapy in times of Covid 19 dated 7.4.2020).

Appendix

Of course, overall attention should be paid to an equalised micronutrient status. Furthermore, the effects of vitamin A and selenium should be emphasised, which, if deficient, can also promote an infection and illness with coronaviruses.

Dr. H. St

In my opinion, such a publication is as irresponsible as the form in which politics is being conducted, ...

That the aforementioned 'recommendation' of the medical platform is supposed to be a 'prophylaxis' against the corona virus is also a lie that leads the human beings into delusion, because all the remedies, 1. only serve to maintain the body as necessary, while, 2. logically they strengthen the immune system, whereas they do not serve as a direct prophylaxis against the corona virus. They are simply means of maintaining the function of the human organism and keeping the immune system intact, which needs these substances and determines its power of effectiveness against harmful bacteria, and so forth.

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