

## The 2<sup>nd</sup> Wave of the Corona Pandemic Becomes a Global Wildfire – and About the Suitability of Different Masks

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**Billy** ... Well, the telephone calls I have been talking to you about, they also consistently refer to the rampantly spreading corona disease, in which case frequently questions come up, which of course I can only answer according to your explanations; for example, whether you also concern yourselves with research for an antidote, in order to possibly ... well, you know.

**Ptaah** No, we do not concern ourselves with such research because we do not need such medical means, because we are not exposed to any danger whatsoever with regard to coming into contact with this rampantly spreading disease. Also, according to our directives we would not be allowed to pass on or even mention such knowledge, if you want to bring up something with your question that you could have been asked about.

**Billy** Exactly, that is what I meant, but effectively no one has asked me about it yet, which might be one day, but then I could only give the answer I have always had to give since Sfath told me that you have to follow the directives unconditionally and that you are, under any circumstances, not allowed to interfere in any affairs.

**Ptaah** Which corresponds to far-reaching and necessary safety precautions, because only therethrough can manifold infectious terribleness be avoided.

**Billy** That is very clear to me, but while we are at it I would like to talk about the pandemic again, even though we really no longer wanted to talk about this rampantly spreading disease, although we have already not abided by that two or three times because again and again new inquiries come in from all over the world. The human beings are just anxious, they worry and have problems because the governors are too low in intelligentum (In contact 750, Billy explains, "...these days practically no longer anybody knows that 'intelligence' is only the intellect-memory, but does not describe the cognition and also not the intelligentum, nor the information processing of the human being. That is why the so-called IQ is erroneously and foolishly 'measured' with the intellectual memory, namely with the term 'intelligence' – which we have already spoken about before. This is because 'intelligence' in reality has nothing to do with the 'intelligentum' and thus has nothing to do with intellect, rationality, knowledge and absolutely nothing to do with the extent of knowing the general performance capacity related to the intellectum." Please see contact 750 to understand more.) to take the right action and think up, implement and enforce the right measures. This, while also about 15% of the populations are densely of low intelligentum, because they are not capable of consequential thinking, that is to say, logical thinking due to their lack of intelligentum; consequently they do not adhere to the necessary safety measures. Namely when low intelligentum reigns because the cognitive ability is lacking and, consequently, intellect and rationality cannot be used namely as a result of low intelligentum which results from an inability to think, then no capability of cognition can come about either. But this lack of intellectual strength and lack of intellectum – I probably have to say pathological, that is to say, unhealthy deficiency – leads to the fact that the entire Ratio (In the spiritual teaching, the term 'Ratio' includes 'rationality', 'intellect', 'morality' and 'true discernment', therefore we have used the German term in the translation.) is switched off and the effective fact is not recognised. In addition, these human beings, these densely of low intelligentum and simple-minded earthlings, then attach themselves like burdock to the brain-amputated conspiracy theorists, who, with their conspiracy nonsense, are goading the simple-minded earthlings in their non-thinking and irresponsible actions and behaviour more than ever. For those weak in intellect – namely the conspiracy theorists and their subservient ones and followers – their intellectum is almost in a state of subzero, because due to their inability to use their consciousness they are so handicapped and limited in their ability to think that they are not able to muster any capability of cognition with regard to the effective reality.

**Ptaah** You never cease to amaze me regarding what apposite sentence phrasing you manage to bring about in order to make any facts clear without superfluous objections.

**Billy** If you say so! But somehow one has to form the whole thing rationally if something is to be explained. But something else: you recently said that at the end of this month and the beginning of October the 2<sup>nd</sup> wave of the rampantly spreading corona disease will break out, about which you should explain a little more, I think.

**Ptaah** Yes, because it will probably be important to explain some more important things about it, even though we no longer wanted to talk about it. However, the now already looming 2<sup>nd</sup> corona wave probably requires that now still some things are said about it, namely: as I already explained to you on January 2, after thorough examination of our directives we have received permission to check any and all diverse products of all the respiratory protective masks – which you procured for us – by means of lengthy tests and investigations, which have yielded very remarkable expertise and sometimes astonishing results, the essence of which I will still cite later. But first I now have a few more things to explain, namely starting with:

1. The great irrationality and inability of the governors with regard to the necessary measures to combat the rampantly spreading corona disease will, on the one hand, continue to be inconsiderate and inappropriate in the future – as we have already fathomed – consequently, on the other hand, also with regard to the enactment and implementation of protective, preventive and containing measures against a further spread of the rampantly spreading corona disease, a failure occurs and therethrough all necessary measures of protection, safety and precaution will not be developed and the rampantly spreading disease will now spread rampantly worldwide.
2. The failure of the governors has the uninhabitable consequence, as I already explained earlier, that now the second wave of the rampantly spreading disease begins and catastrophically spreads over the whole Earth in such a form that many victims are claimed, against which nothing more that is effective can be done for the time being. Entirely all those governors will fail, who are in the front line and who should be responsible for producing, decreeing and implementing the necessary measures – measures that would be extensively absolutely essential for the protection and guaranteeing of the health of the peoples, which the responsible ones of the states are incapable of and completely fail to implement due to their inability to govern. Thus, there will not be one country on Earth that – due to the inability of the governors and the governmental health officials – will not suffer from the corona pandemic and will not have to bemoan many infections and deaths. All those responsible for this, those governors who are incapable of their offices and who, altogether and in general, make themselves important but profoundly ridiculous due to being loud-mouthed, are neither able to devise any necessary measures nor educate their peoples against the rampantly spreading corona disease because of their inability to lead. They are also not in any form able to assess, devise or implement the necessary and appropriate measures in the currently arising situation of a pandemic that is worsening into a conflagration and is beginning to spread worldwide. Since they do not recognise the danger of the pandemic in its entirety due to their incapability, they only do all that which is wrong, which is why they are not able to prevent or even mitigate the second wave, that is to say, the global conflagration that is now rolling in. And before you ask about that which arises in relation to your home country and will further still happen there, I can also in this regard not predict anything better, because the responsible governors of Switzerland, who are dealing with the rampantly spreading corona disease, are not to be assessed differently with regard to their ridiculousness and their delusion of being important to all the others of the worldwide mighty ones. And this concerns mainly the special responsible ones in the highest position who unfortunately are to be assessed equally, as are all other state responsible ones of all countries in the same positions.
3. The inability to lead a country of those heading its leadership as well as the political parties that are equally responsible for the same tasks, will fail, as will the highest incapable responsible ones of the states who, through their parties, in their intellectless and irrational actions and behaviour that promote the rampantly spreading corona disease, will now let the corona pandemic, which is rising up as a second wave, worsen into a great terribleness.
4. Furthermore also various jurisdictions and authorities are – in a dangerous form that promotes the rampantly spreading corona disease – led by irresponsible officials and judges who are incapable of using their intellect and who, by means of irrational authorisations and court decisions, revoke the halfway or good ordinances in relation to safety precautions that were once issued and decreed by the governors or local authorities for the prevention of the rampantly spreading disease. This is done while prohibitions and regulations are irresponsibly nullified and repealed again, such as those concerning the closure of restaurants, bars, hotels and fitness facilities, restrictions on training/schooling operations of all kinds, the operation of public transportation as well as all public sports events and entertainment events.
5. Also the irresponsibility regarding the operation and usage of irresponsible work places contributes to the spread of the rampantly spreading corona disease; therefore such work places should be prohibited if too

many persons in one room have to carry out work activities too close together and without respiratory protective masks; for example, abattoirs, offices, training facilities, bureaus, officers' rooms, official chanceries as well as orderly rooms, chanceries and secretariats and so forth. Such places of work should be furnished and appropriate modes of behaviour adhered to, as follows:

1. Respiratory protective masks should be worn.
  2. A minimal distance of 2 metres should be kept between individual work stations, that is to say, from person to person.
  3. Sufficient airing/ventilation through windows or possibly doors is necessary.
  4. An air cleaning device, which suctions off and filters the air would be required.
  5. Separating screens between workstations are imperative.
  6. Work space changes, that is to say, necessary adjustments, working space alternations, are necessary if necessary precautions cannot be guaranteed.
  7. Working from home if possible should be considered, if important points cannot be guaranteed.
6. In further consequence, to be pointed out with regard to nonsensical views, opinions and modes of behaviour, are also those who have fallen to intellectlessness and irrationality, who suffer from pathologically lack of intelligentum and reveal this state as the weakness of a less well-off consciousness of those parts of the population, by not adhering to necessary safety rules. This is because they have, as a result of their personal low intelligentum, fallen prey to a profound weakness of intelligentum or a total lack of intelligentum, wherethrough they lack any cognitive ability; consequently they cannot perceive, comprehend or understand the transformation of information carried out by their behaviour control system, let alone being able to implement it rationally. Their lack of intellect and rationality does not allow them to understand the effective reality and truth of the rampantly spreading corona disease, and they are unable to recognise the pathological delusion of the conspiracy theorists, who they join and whose nonsense they champion.
7. As I have already explained several times since last February, also by wearing simple FFP1 respiratory masks, no protective function against pathogens of any kind can be guaranteed. Respiratory protection masks of the standard FFP2 and FFP3, on the other hand, can indeed prevent an infection by fungal spores, microorganisms, bacteria and parasites, but these are also not suitable against viruses. Against these, special safety suits, that is to say, closed protective suit systems with corresponding masks and breathing apparatus belonging to it are required, which are hermetically sealed to the outside in the best possible form. Such protective suits can be reused several times; however, they must be disinfected after each use by chemical cleaning showers before taking them off.

Even the best respiratory protection masks do not offer complete protection against an infection by viruses, therefore such masks also cannot guarantee anything against viruses, because in the best case, wearing the best protective masks always leaves a residual risk of 4-6 percent. Effective protective masks, which offer protection against infection to a large extent, but never 100%, are masks of the standard FFP2 and FFP3 according to the terrestrial standard, although these must be products that have been tested for their suitability by specialist institutes and so forth. Unfortunately, it is a fact that a lot of junk goods of so-called respiratory protective masks are on the market which are neither tested nor valuable, because these worthless and extremely unsuitable products only serve profit making, but in no form the health safety.

It must be explained that even the best commercially available respiratory protective masks of the standard FFP2 and FFP3 do not offer any protection against viruses of any kind, because this is only possible with completely hermetically sealed whole-body protection systems, which are also equipped with their own breathing air supply. Altogether such systems must be cleaned after each use with strong chemical acids and so forth.

Protective masks of the standard FFP2 and FFP3 for sale to the general public, which are tested by specialised departments, comply with certain standards, are marked with a quality seal and are therefore traded for a correspondingly high price, which, however, usually also corresponds to the value of the product and its reliability. To this end, with your help we have examined, tested and evaluated some of the 4 types of respiratory protective masks you have given us and have found the following types to be acceptable, if they are professionally tested protective masks that are also accordingly marked as such and can be evaluated as good, although caution must be exercised, because a CE marking does not have to be a guarantee of a standard designation because there is much fraudulent trading in this respect. Exact clarification and inquiry is therefore necessary while buying protective masks.

Purely self-made fabric masks of all kinds are equally worthless, just as fabric masks on the market are **absolutely useless** and are products of irresponsible profiteers; consequently, only purchasable respiratory protective masks should be used for the specific purpose, whose origin and effectiveness shall be questioned and clarified, as with all protective masks in general.

It should be considered that the CE marking and KN 95 on mask products declare that manufacturers in the EU guarantee that their product complies with the applicable requirements laid down in harmonisation-legislative-regulations, which is proven with the corresponding CE marking conformity assessment procedure, wherewith this CE marking ought to guarantee that the products marked with it can be traded without restriction in the EU or EEA and ensure safety for the consumer within this area and provide uniform protection with regard to issues of health, safety and environmental concerns. It should be considered, however, that these CE and KN 95 marks must nevertheless be questioned because they are also used by fraudulent companies that circulate inferior or completely unsuitable goods of all kinds and thus also bring respiratory protective masks on the market that are worthless and endanger one's health. Questioning the origin of the goods should therefore be the rule.

As far as I know, Switzerland does not require CE marking because it does not provide for sector-specific conformity marking, but it can be applied as an alternative to the Swiss conformity mark.

The manufacturer or its authorised person, that is to say, the producer, is responsible for the attachment of the CE and KN 95 marking on the sales product.

**Fabric masks of all fabric types**, self-produced, received as gifts or purchased, are – as I have already made clear several times since the beginning of our corona discussions – not only absolutely useless, but even dangerous to health in every respect against viruses, bacteria, parasites, microorganisms, fungal spores, liquid, non-volatile aerosols and thus also expiratory droplets, but also against organic gases and vapours.

Fabric masks, if they consist of tightly woven materials, as well as multiple folded handkerchiefs or neckerchiefs and so forth, can be held in front of the mouth and nose only as short-term protection and emergency remedies – but not longer than a maximum of two minutes – against bacteria, parasites, microorganisms, fungal spores, liquid and non-volatile aerosols and expiratory droplets as well as against organic gases and vapours, but never against viruses.

**FFP1 hygiene masks of inferior quality** correspond to nothing more than masks that are only useful as emergency protection masks and therefore only as disposable masks, which in no form correspond to a medical product, but are only made of special types of paper and other cheap materials. Such masks, which are technically absolutely unsuitable against infections, are only designed for material foreign bodies and can only be used for a short time. They are therefore only designed to repel or prevent the inhalation of material and partly liquid foreign substances. These masks have an adjustable nasal bridge, wherethrough they adapt to the contours of the face to a certain extent, but they can only be used for a short time, after which they must be disposed of properly, however, not simply be carelessly thrown away somewhere, but should be effectively disposed of in the correct form.

**FFP1 masks of better quality** consist of lightweight non-woven material with elastic band and mouldable nose clip, in which case no paper materials and so forth are used, rather only non-woven material. However, these masks are also only useful against all non-toxic and inert dust particles of 0.4 micron and larger, but not against viruses.

**FFP1 masks of special quality** are made of high-quality non-woven fabric and can, if they correspond to a good product, be used for a short period of time as well as be disinfected from time to time with 70% alcohol spray, after which, however, if they are made of suitable non-woven fabric, they can be washed hot at 60 degrees after one day's use at the most and then disinfected again with 70% alcohol spray. Such FFP1 masks can be washed up to 100 times and more by hand – not by machine – with a suitable detergent, and then be reused.

**FFP2 respiratory protective masks 3M FFP2** of good quality are recommended for use in normal daily life, but not when dealing with large groups of persons.

These respiratory protective masks usually consist of a hydrophobic treated fabric in their outer layer, which serves as protection against expiratory droplets and aerosols.

The middle layer of these masks corresponds to a 3-layer high performance filter system called FFP2 and is professionally tested, while the inner layer consists of an antibacterial treated fabric.

Good and tested FFP2 protective masks are an innovative filter medium, which offers a certain protection and safety against material foreign substances as well as against aerosols and expiratory droplets, fungal spores,

microorganisms, bacteria and parasites, but is not suitable against viruses and is designed only for low breathing resistance.

These masks are good work protection masks, which are treated with dolomite dust and therefore are also repeatedly usable and applicable. These masks have an enlarged filter surface and ensure a longer service life, while also offering an extra wide, skin-friendly face seal, a good wearing comfort and a relatively high safety. They are equipped with an adjustable, extra-wide strap that guarantees individual adjustment. As a rule, a cool-flow exhalation valve prevents heat build-up in the mask, which makes it easier to breathe, while also a padded nose bridge ensures optimal adaptation to the shape of the face.

**FFP3 respiratory protection masks 3M FFP3** consist of a light non-woven material, are equipped with adjustable retaining straps and a formable nose bridge as well as with a very good exhalation valve. These masks correspond to a high safety level against material foreign substances, that is to say, solid particles as well as against bacteria, microorganisms, fungal spores, parasites, liquid and non-volatile aerosols and thus also expiration droplets, however, also against organic gases and vapours. According to terrestrial designations and indications of value, our test results have shown that really good masks of this type offer protection that can be measured as up to 10 times the MAK value.

These breathable protective masks are 3-layer mask products that provide both a very good protection for the wearer himself/herself, but also for persons in the immediate environment; consequently, these masks are the most recommendable ones during tight contact with large numbers of persons and with large groups of persons and so forth.

The respiratory protective masks of the FFP3 standard that we have thoroughly tested provide effective protection against infections and therewith against an illness. These masks are designed for multiple use, can also be lightly sprayed with some 70% alcohol if necessary and thus disinfected from time to time, while certainly maintaining their effectiveness over five wash cycles. Also these masks – like all the other respiratory protective masks mentioned above – are not intended for medical use and, as with all other protective masks mentioned, they do not provide any protection against viruses. These masks correspond to products which fulfil all the necessary requirements as respiratory protection masks of general quality and, according to our cognitions and test results, can be recommended.

All 17 different respiratory protective masks tested by us, which you have procured for us – and which we have examined very carefully to the best of our ability by means of lengthy examinations and tests and so forth – produced extremely different cognitions and results, which are to be assessed from being absolutely unsuitable and highly hazardous to health – such as fabric masks of all kinds, both home-made and purchased, which are also to be assessed as absolutely damaging to health – up to partly halfway useful products, such as FFP1 masks of various types. Furthermore, some masks have shown to be of higher value; namely protective masks of the quality FFP2 and FFP3. Adversely, it has unfortunately proven that extreme caution must be exercised when purchasing such products, because a large part of such masks correspond to very inferior or even absolutely unsuitable products; therefore when buying such products it is necessary to investigate and question the production standard as well as the origin of the masks.

The 2<sup>nd</sup> wave of the rampantly spreading corona disease, which is already underway, will break out openly in a few days and spread worldwide in such a fast and precarious form that it will far surpass the now expired 1<sup>st</sup> wave. The second wave, which is now spreading in this respect, will be much more than the harmless term '2<sup>nd</sup> wave', because it is spreading very quickly into a worldwide conflagration which will henceforth also affect the whole of Europe and claim very many victims. Also the two countries Italy and Spain will be badly affected once again, as will all the countries around the world, which up to now got away relatively lightly, that is to say, without serious consequences.

And, as I have already told you, Switzerland will not be spared either, because in your homeland there exist unfortunately the two factors that promote the disaster; namely the incompetence and low intelligentum of those governors and politicians who would be responsible in their own jurisdiction for the measures to be taken and enforced against the rampantly spreading corona disease. However, they are absolutely incapable of doing this, presenting themselves to the public in a self-glorious, self-important, conceited and simple-minded form; namely, as a rule, without any sense and purpose. Then there is the group of the – as you say in each case – ones with bean-straw-like low intelligentum, whose – as you always say – brain-amputated intellect and their underdeveloped intelligentum and howling unreasonableness is uproarious. That, dear friend, I simply had to say in this form, because your mode of expression is always much more striking than mine; therefore I have yet to learn it in my old age.

Now, this second welling up of the rampantly spreading disease will this time also affect all countries throughout Europe, namely also Switzerland. Overall, infections will rise very sharply on all continents and in all countries outside Europe, as will also the number of deaths, although, as I said, also the whole of Europe will not be spared. Also those countries in Europe, as also in the whole of the world, which have been less affected by the disease or which have survived the first wave and live in the false assumption that everything is over for them, will now be affected by the second wave, and indeed likewise in a more widespread form than was partly the case with the first round of the rampantly spreading disease. Thus the official figure – which does not include the large number of unreported cases – of 40 million infections worldwide from the rampantly spreading corona disease, will be reached around the 20<sup>th</sup> of October, while by then, worldwide, officially – again without the number of unreported cases – there will be over 1.2 million deaths to be mourned, which, however, will thereafter still increase in every respect. The first end of the rampantly spreading corona disease will not be the last end, because the virus will carry over far into the future. This is because all around in all countries of the entire Earth, on the one hand, the necessary and correct measures are not recognised by those responsible for the country and consequently, on the other hand, cannot be implemented in the peoples in order to bring about an effective end to the rampantly spreading disease. A further problem in this respect arises from the low intelligentum of the world-wide unteachable and irresponsible parts of the population, which, as a result of its devotion, ties itself to harmful conspiracy theories, wherethrough – because all precautionary and protective measures are disregarded – the rampantly spreading corona disease is spread further. But this will be to the detriment and harm of many of those who refuse to take precautions, and will even bring them death.

It is also important to reiterate that there can be no certainty of immunity for those who have recovered from the disease, because our cognitions prove that those who have been infected once and recovered remain susceptible to infection throughout their lives and can therefore be re-infected at any time and be befallen again by the rampantly spreading disease. In that case such a second infection can be more life-threatening than an initial infection with a subsequent recovery, which therefore can lead increasingly to fatalities in the case of such renewed infections.

As we can see, even among experts, such as virologists and doctors and so forth, there are unteachable elements who trivialise the whole thing, fail to comprehend the facts or are even followers of the conspiracy theories. Furthermore, as has been explained several times in previous discussions, it happens that once a corona infection has been overcome and the patient has recovered, impulses have been deposited in the entire organism by the virus – this fact of a deposition of disease impulses in the organism is unknown to terrestrial virologists and physicians – through which, as a result of various circumstances, other diseases and illnesses unrelated to the rampantly spreading corona disease arise, which, in the long term, can be seen as a wasting away or even be fatal. Terrestrial medicine will not be able to counteract this fact for very long centuries, because due to the massive procreation and mass births of the further growing overpopulation the whole thing will be carried very far into the future by heredity, which already started months ago and can no longer be prevented, that is to say, stopped, and additionally in this regard it will lead to a new kind of rampantly spreading disease arising from it in the future, which can become an almost exterminating pandemic. Therefore the terrestrial human Ausartung (Ausartung = a very badly getting out of control of the good human nature) with regard to the enormous mass of overpopulation that slowly threatens all life on Earth, will or can lead to a very bad end.

Furthermore it is to be said – as far as our directives allow me to explain something in this respect – that all terrestrial medical science should not simply concentrate on the development of a certain vaccine, but at the same time should also focus on the different blood groups. This is because they are important, because they determine from the outset – and this should be given special attention – the degree of the infection factor. In this respect I have to explain – for which I will use the terrestrial medical terms – that the erythrocytes, that is to say, the red blood cells, which on their surfaces consist of different structures such as proteins, that is to say, amino acids and lipid compounds, must be influenced by appropriate vaccines. The term lipids corresponds to a term which is to be understood as accumulation, whereby the mentioned lipid compounds on the erythrocytes usually consist mainly of water-insoluble natural substances. Due to their low polarity, lipids can be easily dissolved in hydrophobic, that is to say, waterless solvents. Lipids are related to the blood group, whereby each human being possesses a certain type of such antigens which, as foreign proteins, cause the formation of antibodies against themselves in the body and therewith form a certain blood group. The most important blood group systems of terrestrial human beings are first and foremost the ABO system, then the rhesus system and the Kell system, for which I will have to explain a few things for understanding by non-medically educated ones. In the narrower sense, blood groups are to be understood as all genetically determined erythrocyte characteristics, that is to say, disc-shaped, 8.4 micrometre tiny cells without nuclei, which are slightly dented in the middle.

Such erythrocytes, that is to say, blood cells, have a lifespan of about 4 months and can be calculated at about 26 000 million-million in an adult human being.

In the normal case it happens that every structure, that is to say, organism, of the human being develops an antibody on the surface of a cell, which represents its own blood group characteristic. This blood group determination entails a comprehensively practical meaning, which, for example, in the case of a necessary blood transfusion, prevents negative transfusion reactions. This is also of importance in clarifying transfusion incidents, in prenatal care as well as in organ transplantation, whereby on Earth all of it is also of great importance in forensic medicine.

If a human being receives the blood of an incompatible blood group, then this can lead to a dissolution of erythrocytes through the destruction of the cell membrane with the transfer of haemoglobin into the plasma, through which the blood components are destroyed, which, under some circumstances, can be fatal. Therefore not all blood groups are compatible with each other, which is due to the blood group antibodies, because for every blood group antigen there is also a specific blood group antibody and this antibody can recognise the antigen concerned and clump with it. Therefore it is clear that blood group antibodies float in the blood of every human being, and go against those antigens that do not belong to the human being. Therethrough the body's own immune system is prevented from acting against its own erythrocytes. However, if a blood transfusion is carried out with the wrong blood of a different blood group, then, in the blood system, the foreign erythrocytes are fought against. The determination of the blood group is therefore of immense practical importance in a blood transfusion, especially in an organ transplantation. And finally, it is to be said that blood groups of ethnic populations are usually different and also unequally distributed. This is just as the various blood groups are, of course, in general fundamentally different with regard to their susceptibility to infection, depending on their ethnical origin, namely also in regard to their susceptibility to the corona virus, to which blood group 0 is the least susceptible because it has a certain better immunity stability than the other blood groups. These are the facts to be explained.

**Billy** Thanks. Your explanations express much more than all our earthlings-virologists and so forth have indicated so far in terms of information.

**Ptaah** Because they probably don't know any better. ...

*Translation: Vibka Wallder; corrections: Vivienne Legg and Christian Frehner*