

## **Important explanations from Ptaah in regard to the coronavirus and the function of the immune system**

### **Excerpt from the 731<sup>st</sup> contact report of the 3<sup>rd</sup> of February 2020.**

What there now is still to say and to explain in regard to the coronavirus is that, in the meantime, we have thoroughly researched it in many regards and have therewith gained valuable cognitions. So, it corresponds to a germ, which, according to our researches and cognitions shows special characteristics in its novel constitution. This insidious virus, which was created in a secret laboratory, is a germ which – because it is not a life-form but rather a virus – cannot be killed, rather can only be paralysed and made unable to function. Therefore, this virus is especially dangerous, because it is equipped with a mutating gene-changing ability, from which new variations of illnesses arise and with which various further life-forms other than just grown human beings can be infected; therefore also adolescents and children as well as other life-forms. With that, one can only with difficulty get to the bottom of what kind of illness it is, because, with such infections, symptoms come about that are similar to other and already known illnesses, and for that reason are wrongly defined and consequently can also be wrongly treated medically. Children, for example – whereby it especially effects the younger ones – are infected by one of the diverse mutations of the coronavirus, which especially takes effect with heart and lung inflammation.

According to our cognitions, a great danger of an infection caused by the corona virus – transmitted from one human being to another, as well as through other circumstances – exists because the majority of today's Earth human beings has fallen into a general irresponsible unconcernedness and neglectfulness, and indeed as a consequence of a confused faith in God, from which one goes along in life vegetating in belief-delusion and believes that the whole thing of the rampantly spreading corona disease is either a punishment from God or God's test; or, if not, that God will right it and take pity, so that, on one hand, first and foremost, one would be spared from the terrible thing oneself, and, on the other hand, that only the guilty would be punished and swept away by the rampantly spreading disease, after which God will then end the entire evil happening again.

But now there are other facts to name, because it is not only the human beings which are being infected by the rampantly spreading corona disease, rather, as I already mentioned, also other life-forms which come in contact with infected human beings or through their excretions – such as faeces, urine and sewage, with which the infecting and still active virus is expelled – and are therethrough infected. If, out in the open, these life-forms get in contact with the excretions which are infected with the coronavirus, then wild life-forms can therethrough be contaminated, become sick with it and spread the rampantly spreading disease. Indeed there are also, for example, pets and other mammals, creatures, types of beetles, birds, and so forth, which – as with human beings – are befallen, as a consequence of infections, partly by lung diseases and by other symptoms of illness concerning diverse organs.

Coronavirus gene alterations which have arisen and continue to arise through mutations can form new genetic variations, which lead to different symptoms, which can also be wrongly assessed and wrongly treated by medical practitioners. Not only is there a danger of infection through a passing of the virus from one human being to another human being, rather also from the virus depositing itself in many locations and being able to survive for a long time, before it is deactivated and loses its effectiveness; consequently infections in human beings arise, which can lead to death.

In the mentioned form and in other forms, the virus is especially dangerous because, as well as the lungs, it also attacks other organs and brings about life-endangering illnesses. And this especially applies to the organs liver, heart, the coronary arteries, the kidneys, the brain and the pancreas; also on the blood vessels and heart valves which are in the foreground in this regard. This is so, while the respiratory organ, the mouth and the eyes are the fundamental organs of contamination, that is to say, the organs that absorb the infecting virus, after which it is then transported into the different organs.

Regarding a dangerous and, under some circumstances, deadly illness due to the coronavirus, it often applies that different, and indeed – to the exclusion of a lung disease – absolutely different-organic

functional disorders arise which are brought about because indeed the virus then infects other organs. Such an attack inevitably leads, as a rule, to impulsations that are thought-feeling related, which immediately lead to a negative influencing of the psyche, wherethrough the moral state and therethrough, in turn, the physical state is weakened and the viral attack is more than ever granted a possibility for spreading and taking effect, wherethrough it can become unhindered and have a mighty effect in its potency.

According to our cognitions, in this whole process it further comes about that, in the terrestrial medical sciences, there is no consideration of the fact that due to the infection also a negatively forming state of the human being's psyche – thought-feelings-conditioned – results through which the entire organism and thereby inevitably also the entire immune system is impaired; consequently it attunes to it and does not entirely defend itself against the attack of the dangerous germ. Consequently, the attacking and health-disturbing virus can increasingly spread and cause structural changes of the cells and tissue. However, according to our observations and cognitions, exactly this extremely important factor was neither known nor heeded in the terrestrial medical sciences to this point in time; consequently patients are also not in this respect additionally treated with suitable specific means and advice.

However, the principal onslaught, that is to say, infection, of the virus is directed at the central respiratory organ, at the two lobes of the lungs, which – laid out as a pair – are an organ which serves the breathing, and which absorb oxygen from the air and process it, wherethrough carbon dioxide arises as the end product, which is then removed and expelled. The lungs begin already in the triangular pulmonary region, and indeed on the side of the lung facing the mediastinum, the vertical tissue space in the chest cavity. Here, the pulmonary stem, that is to say, the pulmonary artery, and the pulmonary veins are attacked, thus the major bronchi with their accompanying vessel and well as the lymph vessels, and thus the virus penetrates the lungs. Simply put, it basically affects the side of the trachea that is attacked and infected by the virus; consequently the infection penetrates the branching of the hollow organ and therewith the two major bronchi and can therewith also penetrate the depths of the blood vessels via the pulmonary arteries and the pulmonary veins.

Regarding the immune system, which also must be addressed, and about which there are a few things to explain: the explanation is that this is basically the body's own defence system, which has to protect the whole body from illnesses. More exactly put, its function consists of protecting the entirety of the protein bodies, all organs and cells and therewith the body's own structure by defending it from exogenous substances and pathogens, such as bacteria, viruses, micro-organic parasites or fungi, and therethrough to maintain the health of the entire organism.

The prerequisite for that is the functioning of the ability of the immune system to distinguish between the body's own structures and those that are exogenous; consequently a defensive immune reaction only occurs against a penetrating virus, bacteria or a microorganism, however, not against the body's own constitution. The task of the immune system therefore corresponds to a defence system which fights the foreign bacteria, viruses and microorganisms which impair the health, in which case it recognises, attacks and, where possible, annihilates foreign, malignant pathogens which penetrate the organism from outside, as well as sick cells that are the body's own. The immune system of the human being has therefore developed, in the course of evolution in millions of years, as the defence system against foreign, health-endangering bacteria, viruses, fungi, and microorganisms that penetrate on and into the body, just as it also detects and fights sick cells that arise in the organism itself. This is the case, on one hand, because this defence system divides itself into two main systems, and indeed into an immune system which is basically innate and unspecific which first and foremost fundamentally executes the main combatting of the bacterial infections.

In addition to that, there is another – a second immune system – that is acquired in the course of time and in each case wages a specific fight against quite particular pathogens. With the help of this specific immune system, the body is able to fight encapsulated bacteria and viruses, which bring forth evolutive or mutating, quickly changeable surface structures. These specific and unspecific defence mechanisms of the immune system are closely interconnected with each other, whereby one must bear in mind that this defensive compensation can only function when it is supplied with the necessary means, through which it can strengthen itself. This usually and normally happens by means of the uptake of

nourishment, which, as a rule, includes all those substances which strengthen the immune system, such as vitamins, trace elements and proteins, and so forth, whereby, for example, especially vitamin A is important for the eyesight, skin, hair, mucus membranes, teeth and gums, and vitamin C especially for the body's own defence and healing of wounds. Along with these, also vitamin D is important for the forming of healthy bones and teeth and also guards against infections. Vitamin E is just as important and along with vitamin A and vitamin C counts as the most important antioxidants. In this function it protects the cells from oxidative stress, through which free radicals can gain the upper hand and cause considerable harm.

Vitamin K in turn is of the highest importance for blood clotting, as it is in regard to the health of bones. Above all, it is found in plant foods such as kale and spinach, while Biotin, that is to say, vitamin H, activates the enzyme reactions, which have a central role in metabolism just as they are also important for the forming of glucose and the building up and breaking down of fatty acids as well as for the breaking down of some amino acids. Furthermore, also vitamin B5, pantothenic acid, is likewise significant and plays an enormously important role just about in the whole of the metabolism as well as for strong nails. This is therefore briefly addressed in this regard wherefore, however, with a more detailed list diverse other factors and substances and so forth would still have to be mentioned.

What there is now further to explain in regard to the rampantly spreading corona disease and its effects on the organism, is that, due to the virus, disorders of the vascular walls occur, wherethrough arising inflammations stop the oxygen supply to the blood and therethrough inevitably a life-threatening oxygen deficit arises which often leads to death. This dangerous phenomenon then requires a blood-thinning treatment, which under some circumstances can alleviate the whole danger or even stop it. Thereby you can take yourself as an example, when your heart valve had narrowed so much due to plaque that you recognised this situation from your own rational consideration and grabbed a blood-thinning medicine whereby an alleviation of the problem occurred, but it did not completely resolve it. This problem could only be half rectified, when Eva took you to the university clinic and a new heart valve was implanted. Although you were then prescribed a plasma expander medicine, that is, a blood-thinning medicine, as an ongoing medicine, a lasting, good functioning of the heart valve occurred only when, from your own initiative, you took a further and different additional similar medicine and have been using it daily since then. Already, depending on the amount, such a blood-thinning medicine alone could be helpful in some case or other with a lack of oxygen arising due to the rampantly spreading corona disease, as our tests on corresponding organic pharmaceutical apparatuses, modelled on the human being and set up for that, have absolutely shown, at least in the first attempts. Further experiments, tests and investigations on human-imitating organic-pharmaceutical apparatuses have produced absolutely clear results being that, without a doubt, and actually without any doubt, with the rampantly spreading coronavirus disease there resulted four indisputable factors, and indeed the following:

- 1) Even when there is a recovery from the coronavirus in one case or another, this does not necessarily lead to an immunity, rather only to the appearance of a recover which however cannot be medically recognised as such, rather only through certain special apparatuses. Such kinds of apparatuses do not exist on Earth, rather they will only become reality in the distant future.
- 2) In this state the rampantly spreading disease continues to exist effectively as a pure impulse in a dormant state which remains acute. Consequently it can again actively continue to run its course under certain circumstances. However, that does not correspond to a reactivation of the rampantly spreading disease, rather to a continuation, that is to say, an actual awake-active further being-effective, which is not visible and not recognisable at first, but then unexpectedly becomes evident again when a new outbreak occurs from the acute-remaining dormant state. This is the result because no recovery occurs, rather because only the appearance of a recover occurs, and at the same time, the rampantly spreading disease only continues to exist as impulse, without direct pathogens.
- 3) A further form has arisen with our experiments, investigations and tests with human-imitating organic pharmaceutical apparatuses such that in certain cases, after a medically provable recovery from the rampantly spreading corona disease has occurred, no complete immunity has ensued,

rather there was only a latent resisting power to record; consequently a new infection was entirely unavoidable.

- 4) A further phenomenon of our experiments, tests and investigations with organic-pharmaceutical apparatuses that simulate human beings had the result that the simulated human bodies which were equipped with all vital organs and were infected by the coronavirus, did not produce any kind of provable symptoms of illness, however nonetheless produced antibodies which clearly recognisably showed that an infection had occurred and was present although it was not verifiable.
- 5) After a medically provable recovery from the rampantly spreading corona disease, an immunity against the coronavirus can occur which can however be only limited in time and does not have to be lasting, as is the case after other viral infections and diseases. It is therefore possible that, under some circumstances, a human being who has recovered from the rampantly spreading corona disease and is medically proven to be immune, develops lung damage and, after a certain period of time, new damage to health results.

From the start I must now explain, because you retrieve, write down and publish my statements, that my information in no case replaces a professional consultation or treatment from trained terrestrial experts, as also exist on the Earth and must be consulted because they are educated regarding the terrestrial medicine and the diseases of the Earth humanity, while I myself only have certain rudimentary knowledge in this regard. Therefore, from my side I have to explain that should I name medicines and so forth as well as advice, that these should not be used inconsiderately, just as no kind of independent diagnoses must be made, nor must any medicines be used without medical authority/prescription and also no inappropriate treatments should be begun or carried out.

The fact is that when medicines kill off germs in petri dishes and so forth, this is not the case in the same form in the organism, because the medicines and therewith also the vaccines explicitly strengthen the immune system and form it in line with the corresponding pathogen, wherethrough the immune system then carries out the work of killing off the pathogens such as bacteria, fungi and microorganisms. However, viruses cannot be killed off, because in their form they do not correspond to a life-form, rather only to organic structures which can only be deactivated and can become stunted in their activity. This process occurs also in regard to a vaccine which is directed against any viruses, the effectiveness of which is carried over to the immune system and inoculates it such that it fights defensively against the virus, incapacitates it and shuts off its activity to the point of a standstill and to complete ineffectiveness.

What there still is to say relates to precautionary measures by means of the wearing of adequate protective masks, about which I will have something to explain not only today, rather probably again and again. A protective mask is indispensable wherever there exist manifold risks in regard to the inhalation of health-damaging mechanical or other material particles or gasses of any kind, and especially also regarding bacteria, microorganisms, viruses or exposure to chemicals and so forth.

In hospitals and nursing homes and so forth it is necessary that the medical personnel wear suitable disposable protective masks, in order to protect patients from possible germs. With the spreading of the coronavirus to Europe, that is now of especially important significance. Protective masks have an important significance and function outside as well as inside medical facilities, also in nursing homes and so forth, however only when there is a need for them.

If a person is infected by a bacterium or a virus, then the danger of an infection relating to another person exists, which is why a normal breath-protection mask or medical protective mask is not sufficient in order to protect the fellow human beings from an infection; consequently medical protective masks with corresponding filter systems are necessary, which must also be positioned correctly and closely on the face so that germs cannot get into the mask and aerosols cannot get out when there is a possible unavoidable sneeze or cough.

While coughing or sneezing one must absolutely turn away from other persons and also put a hand or arm in front of the mouth and nose, as well as keep an appropriate distance from other persons. Physical contacts with persons who are outsiders should be avoided as much as possible.

Persons who have difficulty breathing, fever, coughing or other symptoms of illness should get help from a doctor early on.

Without exception, a strict hand hygiene is always necessary in regard to hand washing because very often it is via these that contagious infectious diseases are transmitted to other persons. Therefore regular and thorough hand washing with water and soap is of ongoing urgency in order to render pathogens harmless.

The disinfecting of hands is indeed a very important measure through which a spreading of pathogens due to touching with the hands can be avoided, however, hand disinfection should exclusively occur only through a thorough washing of the hands with normal soaps, however never with chemical disinfection agents.

Disinfection agents of all kinds are not pharmaceuticals of any kind and must therefore never in any form be taken internally, rubbed in or injected, because such agents only serve many other kinds of disinfection. If at all possible, the new coronavirus at any rate ought to only be made inactive with disinfection agents that are tested and approved by experts.

- 1) First of all, persons who have become sick with a bacterium or virus have to wear a protective mask which is appropriate to the disease, in order to reduce a transmission of pathogens to other persons and their environment, while also other protective measures, hygiene essentials and rules of behaviour are to be heeded by the sick persons.
  - A) The wearing of suitable protective masks must be especially followed by sick persons;
    - a) quite especially when they cannot keep a minimum distance of 2 metres from other persons;
    - b) as well as by sick ones who inevitably must go out of the house to the doctor or to a hospital;
    - c) as it is also necessary for healthy persons to wear a protective mask and keep a distance, when one must unavoidably deal with those who are sick with bacteria or viruses, and indeed this does not depend on whether or not the sick person is also wearing a protective mask.
  - B) Our cognitions in regard to protective masks, which when worn cover the mouth and the respiratory organ – therefore generally common and freely available protective masks which are worn against pathogens and are supposed to be effective – as a rule are only used as an alibi exercise, as you always tend to say regarding such kinds of modes of behaviour or other modes of behaviour. Effectively the masks have no kind of disinfecting effect against viruses rather only the purpose of preventing the spread of breath exhalation and of expiration droplets while speaking. However, such kinds of masks cannot prevent bacteria, spores, microorganisms and viruses from getting in and through. As a rule, these consist of simple or multi-layered materials such as paper and simple materials/fabrics and are therefore useless for the defence against pathogens. Such products only prevent the penetration of material particles as well as the emission of expiration droplets and breath wafts.
  - C) The wearing of respiratory masks should not be regarded as a general necessity, rather only where it is required, such as in dealing with other persons in any kind and form, as well as in public transport, and so forth. Protective masks are not recommended as general prevention for healthy persons, rather only for patients and human beings who have possibly been infected or are confronted with other persons close up or directly, so that they do not spread the virus. For that reason, in suspected cases, medical personnel should above all wear a mask, in order to protect themselves from a droplet infection.
  - D) Material masks which can be washed and used again after wearing only correspond to a means of prevention in regard to not letting one's own breath waft and expiration droplets get into the environment. In fact, such masks can be harmful, because they become a fertile ground for pathogens if they are not thoroughly maintained.
  - E) Correctly worn and used, the wearing of such a protective mask can however nonetheless be useful and effective and indeed in the sense of maintaining good hygiene behaviour and avoiding regular touching of one's mouth and nose as well as preventing a smear infection.
- 2) In contrast to the protective masks mentioned first there are so-called simple medical masks made of quality, good materials, while a special, soft, fleece-lined one offers good comfort, however

nonetheless it offers no protection against bacteria, viruses and microorganisms; however, it prevents the release of expiration droplets and wafts of breath.

- 3) In order to protect oneself against an infection through the breath exhalation and expiration droplets of infected persons and therewith against bacteria, viruses and microorganisms, only specific, special fine-particle-filter masks, which are half or full masks (N.B. Billy: FFP3-filter masks) are suitable. These consist partly or entirely from non-replaceable filter material, that provide a high grade of prevention and reduction of penetration – or a complete repulsion – of infectious expiration droplets, that is to say, aerosols, which are breathed into the filter through the air. These breath-protection-masks however are not for use all day, rather are useful only for 3 to 4 hours, or 5 at the most depending on the circumstances, after which they must be properly disposed of and replaced with new ones.
- 4) Effectively good and valuable, specific and special medical fine-particle-filter protective masks are suitable to a high percent against bacteria, viruses and microorganisms. These particle-filtering half or full masks are the best possible protective masks (N.B. Billy: FFP3 filter masks) the filters of which are replaceable, however are also only useful for 3 to 5 hours at the most and then their filters must be replaced while the masks themselves can be cleaned and used again.

Viruses, bacteria or other pathogens only have access to a body and to its organs when the immune system has insufficient or no resistance, consequently it is not in a position to fight penetrating pathogens. That means that the pathogen can spread the germs unrestrictedly as a consequence of an immune deficiency and can therethrough bring about a disease. And if this then breaks out then the ability of the immune system to eradicate the germ is extinguished. With that there are many kinds of factors at play of a kind that would be needed for a comprehensive understanding and knowledge regarding the way that the body, organs and immune system function, to be able to take charge of an arising illness oneself, because, as a rule, the expertise and help of a doctor or alternative health practitioner becomes necessary. And those, Eduard, are the most principle facts that I had to explain. Those are the main values that were to mention, which I have to explain regarding your questions. There are however still various further factors which are important to mention, which however are not all possible for me to name because they would lead much too far.

*Translation Vivienne Legg, Australia; corrections Vibka Wallder, Australia and Christian Frehner, Switzerland.*